

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Graeme Adamson**

Has successfully participated & completed the  
**13km Shift Wellness - Summer Trail Run**  
held at Walter Sisulu Garden.

**TIME 02:04:58**

**PACE 09:36/km**  
**OVERALL 89 of 108**

**GENDER 59 of 69**  
**50 - 59 5 of 9**

27 January 2019, Sun

Date



*BoutTime*

Signature

